SUPPORT STARTER KITS

We're here for you.

Free tools and shared experiences to help you and your people stay connected. Cancer can change how you connect with the people in your life. Friends and family may want to help but feel unsure what to say or do. Asking for what you need isn't always easy, either. **The Support Starter Kit is a free six-month program for young adults with cancer.** Through practical resources, conversation prompts, and activities to share, it gives you and the people you choose opportunities to spend time together, whether you're in the same room or miles apart.

Welcome Kits
You + 3 Supporters



~2 weeks

You and your invited supporters each receive a Welcome Kit to get started.

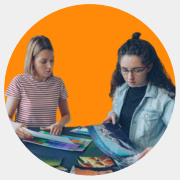
Kit Set #1 - Connection
You + 1 Supporter



~2 months

We'll check in before your first themed kit. You choose one supporter to also receive Themed Kit #1

Kit Set #2 - Creative
You + 1 Supporter



~4 months

Before your next kit ships, you can choose the same supporter or someone different

Kit Set #3 - Reset
You + 1 Supporter



~6 months

One more opportunity to connect and share a meaningful experience together.

You choose one supporter for each themed kit and can pick someone different each time. Both of you receive your own materials.
Not sure who to invite yet? You can still get started and let us know later.ogether, whether you're in the same room or miles apart.

What's Inside Each Kit

Experiences to share, with no pressure attached.

Resources
Practical resources to support, plan, and navigate together.

Prompts
Encourages meaningful conversations and emotional connection.

Affirmations
Keepsakes and reminders that foster empathy in everyday moments.

Activities
Guided activities to share together and create connection without pressure.

WHO CAN SIGN UP

Young adults with cancer who:

- Are aged 18–39 and live in the United States.
- Were diagnosed within the last six months or are currently in active treatment.
- Can read / understand English. Kits are currently available in English only.
- Have not previously participated in the Support Starter Kit program.

"Thank you so much for the kits, it's well appreciated. I'm very grateful there are foundations like b-present that create things like this for patients like me."

— Young Adult Subscriber

HOW TO GET STARTED

Visit **b-present.org/ssk** to review eligibility and enroll.

Want to invite supporters? Let us know who.

Not sure? You can still get started.

We'll review your enrollment and email you with the next steps.

FREE FOR YOU & YOUR INVITED SUPPORTERS

Kits and shipping are included.



Connection you can hold.

Learn more and enroll
b-present.org/ssk | ssk@b-present.org